



The Clarity of Bone-consciousness;

Listening to the Voice of the Bone

with

Monica Anthony and Elissa Dell

October 11th – 13th 2019



This three-day course offers time to develop the perceptual skills to go deeper into bone-consciousness and allow that voice to speak in its unique way.

Bones are concentrated essences of the individual; a dynamic energy structure charged with sacred and symbolic power and functioning.

We can see them as constellations, touchstones or patterns: each with its own need to be present, its 'own' dream. This expanded field of our consciousness opens new doors: bone, the most solid part of us, giving access to the transforming potential of the most subtle aspects of our nature. Bones hold wisdom and have an identity and clarity of communication whose voice is often not really heard. When everything is in synchrony, the 'sound' is crystal clear and the bones speak of a more profound healing.

This is the territory of ancestral paths, of light and transformation, where our fluid and mineral nature in blood carries the rhythm of our story from bone marrow to heart, the fountainhead.

Bone has a spiritual component: it represents our foundation and freedom to move and manifest our dreams into reality". Hugh Milne

Fee: £285/£255 (early bird August 31st 2019) Maximum 8 participants

Venue: Crista Galli, 52 Porchester Road, Bayswater, London W2 6ET

Monica is a Craniosacral Therapist and UKCP registered Transpersonal Psychotherapist. She has a background as a musician and has been exploring the relationship between mind, body and spirit since her first encounter with Transpersonal Psychology in 1975. In practice in London for almost thirty years, she teaches postgraduate courses on various aspects of healing and craniosacral work, and workshops on transpersonal psychotherapy both in the UK and Slovenia.

Elissa is a Craniosacral Therapist and has over fifteen years of teaching experience at the College of Craniosacral Therapy in London. She also trained with Hugh Milne in Visionary Craniosacral Therapy and has assisted on his courses in Europe. She has a background as a painter. She is currently practicing in London and East Sussex, teaching a Foundation in Embryology called 'Phenogenesis: The Process of becoming Visible', and developing Post-graduate courses.

Download our Booking Form or Contact

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This workshop qualifies as Primary CPD for the CSTA