

### **Pop Up CST Mentoring with Melanie Langer**

A half day mentoring group to nourish yourself as a practitioner.

Friday 26th April, Tadworth, Surrey

Half day 10am-1pm £30

Exploring the Gestures of Stillness and Movement in CST



There is no right way to be and therefore no wrong. Simply being with the various states of stillness and movement within and around us allows a vast array of processes to find equilibrium.

Come and spend time with fellow Cranio-Sacral therapists exploring your style and unique attributes. Are you feeling alone or isolated in your work? Would you like an opportunity to ask questions without fear of being judged? Or would you simply like to come together with your peers to explore, enjoy and deepen into the work.

The theme for the group is offered as a starting point. However, it is what arises from the group that determines our attention.

I am located conveniently across the road from Tadworth station.  
Direct trains from London Bridge: 45 minutes.

Counts as 3 hours primary CPD for CSTA

#### **About Me:**

With over 30 years' experience as a practitioner and teacher, I have seen many changes in the field of holistic health and Cranio-Sacral Therapy.

Whatever approach is taken, there is always the same biodynamic life force at the heart of our work and how we meet this is unique to each of us.

I am passionate about affirming myself and others to encounter this in a quiet trust of unknowing - feeling empowered to sit in the integrity of your own, ever- unfolding skill set.

To book, or for more information call 07968 430241 or email [fabtouch2@gmail.com](mailto:fabtouch2@gmail.com)  
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