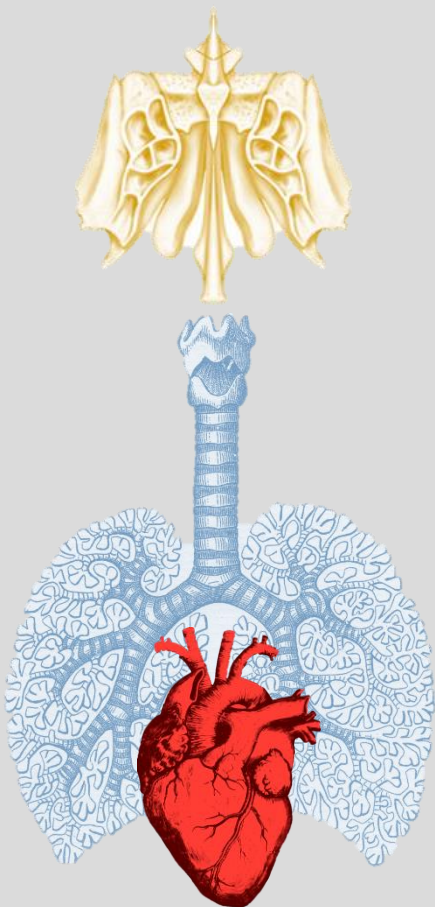


Beyond Form to Essence: The Mystic's Journey

With
Monica Anthony & Elissa Dell

October 30th – November 1st 2020



‘No bird soars too high if he soars with his own wings’

William Blake

This three-day course is an invitation to explore, through the lens of craniosacral therapy, pathways to a clearer sense of the essence of our being. Aspiring to a deeper orientation to the Self, we may move our awareness beyond form to that essence and then rediscover ourselves in the richness of the fabric of that form. Becoming more fully embodied increases our vision and sense of Spirit.

This workshop draws on our long-term collaboration and many years of client work, encompassing a broad landscape of influences and experiential work.

Venue:

Crista Galli, 52 Porchester Road, London W2 6ET

Fee:

£295 (£265 before September 18th 2020)
Maximum 8 participants

Contact:

Elissa Dell: elissa.dell@gmail.com
www.craniosacraltherapy-roots.com

Monica:
email: therapy@monicaanthony.com
www.monicaanthony.com